

Some problem behaviors are directly related to a lack of participation in the very activities kids participate in during recess....so maybe it's time to think outside the box when it comes to taking recess away for discipline.

ightarrow ightarrow ightarrow Walk laps around the playground or track with the teacher.
>>>> Clean up 10 pieces of litter or wipe down the slides or swings before being allowed to play.
\longrightarrow Raking leaves or pulling weeds in school garden
 Complete 10 designated motor or sensory activities before being allowed to play Participate in a job that incorporates movement (stacking chairs, sweeping floors, wiping tables, etc.)
Losing a particular favorite activity or piece of equipment (no swings today, no football field today, etc.)
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>>>> Designate a "break space": within a large chalk rectangle, draw lines, shapes, paths for kids to walk/run/ jump/ hop along.
Have students earn a special game, toy or activity during recess instead of taking something away
>>>> Earn the reward of planning and leading a favorite recess activity for the whole class